GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA

UNSTARRED QUESTION NO:3414
ANSWERED ON:04.08.2017
Mental Illness
Basheer Shri E. T. Mohammed

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

(a) whether it has come to the notice of the Government that mental illness is increasing in big way in India;

(b) whether there is lack of healthcare professionals and counselling centers, if so, the details thereof; and

(c) the details of corrective steps taken in this regard?

Answer

ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SMT. ANUPRIYA PATEL)
(a): As per the National Mental Health Survey conducted by the National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore in 12 States, the prevalence of mental disorders including common mental disorders, severe mental disorders, and alcohol and substance use disorders (excluding tobacco use disorder) in adults over the age of 18 years is about 10.6%.

(b): The estimated requirement and availability of mental health professionals in the country is as under:
Manpower Requirement Availability
Psychiatrist 13500 3827*
Clinical Psychologists 20250 898
Psychiatric Social Workers 37000 850
Psychiatric Nurses 3000 1500
* as on 1.1.2015

As per available data, there are 145 counseling centers in the country.

(c): To address the burden of mental disorders, the Government of India is implementing the National Mental Health Programme (NMHP) since 1982. The Government is supporting implementation of the DMHP under NMHP IN 444 districts of the country for detection, management and treatment of mental disorders/illness. With the objective to address the acute shortage of qualified mental health professionals in the country, the Government, under the National Mental Health Programme (NMHP), is implementing manpower development schemes for establishment of Centres of Excellence and strengthening/ establishment of Post Graduate (PG) Departments in mental health specialties. Till date, support has been provided for establishment of 21 Centres of Excellence and strengthening/ establishment of 44 Post Graduate (PG) Departments in mental health specialties in the country. During the 12th Five Year Plan the DMHP has been restructured to include additional components like suicide prevention services, work place stress management, life skills training and counseling in schools and colleges. Support is also provided for Central/ State Mental Health Authorities, Research and Training and for Information, Education and Communication (IEC) activities.